

Alcohol and Drug Services

Program Overview

Gateways builds a firm foundation of recovery and personal growth in an effective and confidential manner. Gateways is dedicated to providing effective treatment to adults whose alcohol or drug abuse is interfering with their personal safety, career goals or employment, educational achievements, family and social interactions.

Intensive Outpatient

Intensive Outpatient consists of nine hours of group therapy per week (three hours for three days). To ensure success, patients are expected to complete all Intensive Outpatient sessions. Gateways tailors all Intensive Outpatient treatment to the patient's specific needs. When starting Intensive Outpatient, each patient will receive a one-on-one session with their assigned counselor to develop their individual treatment plan. This plan will guide the patient's treatment at Gateways.

Outpatient

Once patients successfully complete Intensive Outpatient, they will transition to Outpatient treatment. Patients are expected to attend weekly and/or monthly continuing care groups. Based on their initial assessment, patients may enter directly in to Outpatient.

Individual Counseling

Outpatient counseling consists of one-on-one counseling sessions with a licensed counselor. Counseling is individualized and addresses the patient's specific identified needs. The patient and counselor work together to schedule sessions.

Family Participation

Family members are expected to participate in treatment by attending sessions offered during the week.

Payment

Gateways Alcohol and Drug Services are a self pay service; however, you may be able to use your insurance for some aspects of treatment. Gateways is currently In-Network with the following insurance providers: Anthem, Blue Cross/Blue Shield, United Healthcare/United Behavioral Health/United Medical Resources, Humana, Healthspan, Aetna, and Cigna. Those who are not covered by these companies may submit billing to their own insurance company for possible reimbursement as an Out-of-Network provider. Gateways also accepts Medicaid. Pricing and payment plans will be discussed at the time of assessment.