

Medication Safety Tips For Opioid Use

- If prescribed an opioid medication, you should...
 - Only use the opioid as directed by your healthcare provider
 - Not share the medication with others
 - Store the medication in a safe, secure location where others will not have access
 - Use caution taking the medication with other drugs and/or alcohol
 - Consider keeping naloxone in case of an opioid overdose
 - Properly dispose of unused opioids to prevent misuse and abuse

Safe Drug Disposal

- Drugs that are expired or no longer needed can be disposed of by...
 - Taking them to a drug drop box (locations can be found by visiting rxdrugdropbox.org)
 - Taking them to a drug take-back program in the community
 - Disposing of them by using a drug disposal pouch or drug disposal packet
 - Many pharmacies and community organizations offer drug disposal pouches and packets
 - Mixing the medications with an undesirable substance such as kitty litter or coffee grounds and disposing of the mixture in the trash
 - This should **ONLY** be done if the first three options are not possible
 - Flushing certain dangerous medications down the toilet (see future slide with list of these medications) per the FDA



Safe Drug Disposal- A Last Line Option

- This method should **ONLY** be used when none of the other drug disposal options discussed are a possibility

Follow these simple steps to dispose of medicines in the household trash

MIX
Mix medicines (do not crush tablets or capsules) with an **unpalatable substance** such as dirt, cat litter, or used coffee grounds;

PLACE
Place the mixture in a container such as a sealed plastic bag;

THROW
Throw the container in your household trash;

SCRATCH OUT
Scratch out all personal information on the prescription label of your empty pill bottle or empty medicine packaging to make it unreadable, then dispose of the container.

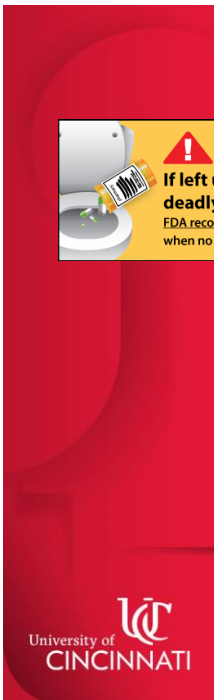


Dangerous Medications To Flush

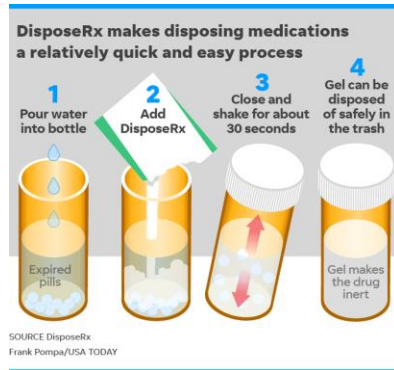
WARNING!
If left unsecured, some drugs can pose deadly risks to others in your house.
FDA recommends the medicines listed below be promptly flushed down the toilet when no longer needed, unless a drug take-back option is readily available.

ONLY these medications are recommended by the FDA to be flushed since they can potentially be dangerous

Active Ingredient	Found in Brand Names
Benzhydrocodone /Acetaminophen	Apadaz
Buprenorphine	Belbuca , Bunavail , Butrans , Suboxone , Subutex , Zubsolv
Fentanyl	Abstral , Actiq , Duragesic , Fentora , Onsolv
Diazepam	Diasat / Diasat AcuDial rectal gel
Hydrocodone	Anexsia , Hysingla ER , Lortab , Norco , Reprexain , Vicodin , Vicoprofen , Zohydro ER
Hydromorphone	Dilaudid , Exalgo
Meperidine	Demerol
Methadone	Dolophine , Methadose
Methylphenidate	Daytrana transdermal patch system
Morphine	Arymo ER , Embeda , Kadian , Morphabond ER , MS Contin , Avinza
Oxycodone	Combunox , Oxaydo (formerly Oxecta), OxyContin , Percocet , Percodan , Roxicet , Roxicodone , Roxycodone , Targiniq ER , Xartemis XR , Xtampza ER
Oxymorphone	Opana , Opana ER
Tapentadol	Nucynta , Nucynta ER
Sodium Oxybate	Xyrem oral solution



Use of Drug Disposal Pouches and Packets



Safe Medication Practices Resources

- Resources for safe medication practices can be found on the Generation Rx Website:
 - <https://www.generationrx.org>
- Generation Rx is an initiative that aims to educate all age groups about the misuse of medications and promote safe medication practices
 - The Generation Rx Initiative is through the American Pharmacists Association Academy of Student Pharmacists (APhA-ASP)

GenerationRx
Safe medication practices for life.